



## GENERAL RULES OF THE CPGA

- 1. Club secretaries must send a list or rowers to the CPGA prior the beginning of the season; this is to indicate experienced coxswains
- 2. Club secretaries must send a copy of their insurance to the CPGA prior to the beginning of the season and update a necessary. Failure to send updated copies to the CPGA will result in the club being unable to take part in events.
- 3. Club secretaries will be asked to notify the CPGA of the gig that they DO NOT wish to loan for championship events. Failure to loan any gig will result in that club being excluded from championship events for the season. The exception to this rule is clubs with only one boat, but they can, if they wish loan their boat.
- 4. Club secretaries to forward three dates suitable for holding their event the following year at the request of the CPGA to enable the fixture list to be completed. The date usually for submission is Mens Newquay Championship weekend.
- 5. All clubs must appoint a safety officer to implement the CPGA's guideline Health and Safety. The CPGA must be informed who this person is.
- 6. Abide by the Code of Conduct.
- 7. All clubs must appoint a Child Protection Officer to implement the CPGA's guidance. The CPGA must be informed who this person is.
- 8. Abide by the CPGA's Racing Rules
- 9. No advertising is permitted on a pilot gig
- 10. The accounts of the CPGA will be independently audited annually
- 11. No performance enhancing or illegal drug taking is permitted. Any club or individual found doing so will be subject to disciplinary procedures
- 12. Any boat / crew going to sea should carry a VHF radio and where possible a club member alerted to listen on the an agreed channel on shore
- 13. Any individual with a connection to the CRA should declare his / her interests when any subject relating to both the CRA and CPGA is brought forward for discussion and also when standing for committee
- 14. Any formula for starred events agreed at the AGM to stand for a minimum of three (3) years
- 15. All thole pins to be made of timber
- 16. All paddles to be made of timber and of traditional shape blades. No advertising is to be on the blade
- 17. Club secretaries to forward names of gigs going to the Isles of Scilly World Championships to the CPGA on request to enable shipping lists to be completed
- 18. A rower becomes a veteran from their 40<sup>th</sup> birthday. A supervet from their 50<sup>th</sup> birthday
- 19. A junior Under 14 rower equates to a Year 9 and an Under 16 to a Year 11 in compulsory education
- 20. Movement from one club to another is only permitted once during the rowing season and no changes shall be effective after the 1<sup>st</sup> August. Written evidence from both clubs is required prior to the date stated
- 21. Health and Safety Guidlines are to be completed a month prior to an event by the host club and sent to the CPGA Water Safety Advisor Safety UK
- 22. Any safety incident must be notified to the CPGA using the incident report form

Charity No - 1166613 <u>www.cpga.co.uk</u> @CPGAgigs