



NEWSLETTER Issue 7

April 2010

Welcome to the seventh edition of the IPGC Newsletter

PLEASE NOTE THAT THESE NEWSLETTERS ARE PRINTED & POSTED FREE OF CHARGE THANKS TO RGB Ilfracombe in Hele Business Park

What's coming up

Membership

Membership is now due. You can download a form from the club website and there will be some at the Yacht Club. Can all members fill in a form so we can make sure we have the correct details on file in case we need to contact someone in case of an emergency. If you are going to the Scillies can you make sure you have done this before you go.

Scillies on the 1st May

This is our first year at the World Championship which are held in the Isles of Scilly. We are sending a Mens and Ladies Vets team and Men and Ladies Crew. Good Luck to all those going and remember to enjoy yourselves.

Fixtures for rest of year

All the fixtures are all on the web site but in summary they are,

May - 22rd Lynmouth Sponsored row, 23rd Rock, 29th Swanage Regatta, 30th Yacht Club Lundy Race, 31st Junior event at Stithians Lake, Nr Redruth

June - 19th & 20th Mixed and Vets Champs, 26th Social Paint Balling

July - 3rd & 4th Weymouth, 17th Teign, 18th Appledore,

August - 7th Clovelly, 14th Under 14's at Hayle, 15th Lyme Regis, **21st Ilfracombe**

September - 4th & 5th Ladies and Juniors Champs , 18th & 19th Mens Champs

Details for the regattas will be posted on our website as they are sent to us.

Sponsored Row Ilfracombe to Lynmouth and back

Spaces were limited last year as we only had two gigs now we have three more members can take part in the row. The row is taking place on the 22rd May which is the day after the Torridge regatta. We will be splitting the money raised between the club and the Ilfracombe RNLI station.

News

Wednesday 3rd March Fixed Seat Rowing Technique workshop at IYC

The night was a great success with representation from Bristol, Appledore, Clovelly, Torridge and Bude. There was also representation from a group who are looking to set up a gig club in Barnstaple. There are couple of posters that break the stroke down which we will try to get in the Yacht Club so everyone can have a look.

Sunday 7th March - Caradon Three Rivers Race

On what felt like the coldest day of the year Bob coxed, Lee Kift (Stroke), Jason Chubb, Jack Turner, Dion Hunt, Jeremy Webb and Roy Thorne to 14th in time of 53.40 out of 36 crews. The winning was time 47.34

20th March Spanish Evening

A big thank you to Andreas, for organising the evening. The food was fantastic, the club broke even on the event but more importantly we all had a fabulous evening.

Saturday 27th March - Appledore History Race

7 teams entered in a mixture of GRP and traditional Cornish Pilot Gig boats. The race was won by Ilfracombe Mens with Appledore A coming in second in Whitford. The Mens crew was coxed by Alan Kift with Keith Barclay (Stroke), Ian Halls, Jack Turner, Dion Hunt, Jeremy Webb and Roy Thorne. The ladies borrowed Appledore's GRP gig called Siren and were coxed by Stuart Cansfield with Lisa Furborough (Stroke), Nell, Sarah Barclay, Julie Gordge, Zoe Green, and Mandy Turner. They held off the Appledore mens B team for most of the race. Andres Mesa-Cruz and Barry Turner raced for Appledore B in Verbena.

Saturday 3rd April Dart regatta

We entered the Mens A, B,C Vets, Ladies A, Vets and the Mixed races which the most races we have taken part in apart from our own regatta last year. All the teams learnt something from there races. Once Dart have sent me the final places I will post them on the club website.

Sponsorship

RGB have agreed to be one of the main sponsor of our regatta this year which mean that we the club can cover the cost of the PA and other associated costs.

Evening rowing

This has now started with one session Monday to Thursday. As the evenings draw out this will be extend to a 6.30 and 7.30 rowing sessions. Monday and Wednesday is Ladies and Tuesday and Thursday Men. Keep checking the web site for details.

Club Clothing

The first order has gone in but members are still able to order as single items or group together to get better prices. All the details are on our website. The next club order will be time for our regatta and will be chance to order winter training kit.