



NEWSLETTER Issue 6

January 2010

Welcome to the sixth edition of the IPGC Newsletter

PLEASE NOTE THAT THESE NEWSLETTERS ARE PRINTED & POSTED FREE OF CHARGE THANKS TO RGB

What coming up

Sunday 31st January 2010 No Tide Weekend run by Appledore

Appledore are holding an Ergo training competition, as they have no suitable tides that weekend. If you are able to make it please speak to your crew captains. There are more details on our website in the news section.



Come and join in the fun!

'NO TIDE' WEEKEND!

'Open' Ergo training 10am - 3pm

Blue lights Hall, Appledore

Winning time over distance get's 9 pint session in the Seagate. Donations on entry,(to cover hall hire)

Coffee morning, refreshments & lunch (RSVP 2 BOOK).

Plus Guess the weight of the Gig!

1st Prize- Car Valet, 2nd Prize- Fly Fishing Lesson, 3rd Prize- Tea & coffee hamper inc Rowing Mugs.

Lyme Regis Winter racing Sunday 7th February

This was planned for last November and is now set to take place on the 7th February. This is a test run for their regatta later in the year. The races will be 1 mile straight races. Crew Captains will be in touch. The categories are Ladies A, Mens A, Ladies B, Mens B, Ladies Vets and Mens Vets. If you can row please contact your crew captain.

Wednesday 20th February Skittles match against the Yacht Club

Need to be at the Yacht Club for 7.30. Get in touch with Andres if you would like to take part.

Wednesday 3rd March 6.30 to 9.30 Fixed Seat Rowing Technique workshop

Fixed Seat rowing technique workshop at IYC. This is being run for all the clubs in North Devon by Tom Pattichis from British Rowing and is endorsed by the CPGA. It is open all members.

Sunday 7th March - Caradon Three Rivers Race

This is a men's and women's race only. If you would like take part this is a 6 mile course. We are hoping to take part if we can raise a men's and women's crew. More detail on the web site.

Saturday 27th March - Appledore History Race

This is a 4.3 mile course and due to tides there is only one race. Details are on the website.

April 29th - May 3rd - World Pilot Gig Championship

If you have not booked your flight or ferry ticket please do so as space will be limited with over 100 gig crews travelling to the event.

Shipping dates for Rapparee Friday 23rd April – Return Monday 3rd May

News

Social Rowers

With the weather starting to improve and looking ahead to the summer we want to ensure that all club members have an equal opportunity to row. We now have 4 squads Ladies, Mens, Ladies Vets/Super Vets and Mens Vets/Super. If you do not want to row in regattas there is still a place for you in the club. We would like someone to take on the organisation of the social rowing. Please ring the club secretary Jeremy on 07815577860 if you would like to do this or have any suggestions.

Official ages ranges

Under 14, Under 16, Ladies and Mens 16 to 39, 40 to 49 Vets, 50+ Super Vets

Work on Gig Shed

Thank you to everyone who helped make the shed waterproof and pigeon free.

Social Events

Andres is looking at organising some social events, ideas so far are video horse racing night, paint balling, Battlefield Live at The Big Sheep, another quiz night. Whatever your view please let Andres know, his contact detail are andresmesacruz@googlemail.com phone 07590401716

Sponsored Row

We are looking to do the row to Lynmouth again this year and hopefully take all three gigs. We are in the process of looking at the tides, details to follow.

Club Funds

The club needs about £2000 a year to cover insurance, maintenance on the three gigs, lifejackets etc, membership to the CPGA and contribution to IYC for the up keep of the Yacht Club. If you have any idea as to how we can raise money please get in touch.