



NEWSLETTER Issue 5

November 09

Welcome to the fifth edition of the IPGC Newsletter

PLEASE NOTE THAT THESE NEWSLETTERS ARE PRINTED & POSTED FREE OF CHARGE THANKS TO RGB

What coming up

Lyme Regis Winter racing 14th November

We have been invited to take part in friendly 1 mile straight races. Crew Captains will be on touch to see if we can raise crews to race in Ladies A, Mens A, Ladies B, Mens B, Ladies Vets and Mens Vets.

AGM

The AGM is going to be on Wednesday the 25th November at 7.30 in the Yacht Club. Please attend as this will ensure that all everyone will have chance to say how the club should be run. There will be a chance for everyone to view their thoughts and concerns at the meeting.

Awards Dinner

This is on the 28th November. Tickets are on sale at the Yacht Club. The cost is £12 per ticket to cover the cost of the food and music raise some money for Gig club.

Boat and Oar Maintenance 7th November

Need as many people as possible to be at Gig shed for 10.00 on Saturday. We need to move Rapparee up to the old Bakery we also need to bring Capstone off the mooring and give her a good clean.

Father Christmas arrives via Gig Boat

The plan is for Father Christmas to be rowed into Ilfracombe harbour in a gig with presents for children or grandchildren. We are planning to do this on the 12th December at 2.00 we would then go to the Yacht Club for mince pies. Give me a ring on 07815577860 or 01271345783 if your family would like to take part.

World Championships on the Isle of Scilly

The date for this is the weekend of the 30th April 2010. The cost of those looking to go are only approx £85 if go via the Ferry. Bob has confirmed that we have 30 spaces reserved in Troy town on St Agnes. Cost of camping is £25 per person for the 3 nights. Also need to purchase a £20 ferry ticket to move between the island. In all looking like £200 if include food, drink and travel to ferry port.

News

Quiz Night on Sunday 25th October at Ilfracombe Yacht Club raised £20 for Club funds. Thanks to Sarah and Lisa for organising and running the evening.

The Team indoor rowing competition November the 14th has had to be postponed until the new year

Club Funds

Ilfracombe Regatta. The final receipts are in and we made a profit of £560 at the regatta. Thanks to everyone who helped.

We are having another set of trolleys made these will have bigger wheels. The cost to have the trolleys made is £250 plus the cost of the wheels. Bob Thompson is sourcing the wheels and would welcome any suggestion as to type and where to get.

If you run business or know some that run a business that would like to advertise in this newsletter get in touch the rates are very reasonable.

There is currently space for 4 more signs on the Gig trailer that can be sponsored. If you would like to advertise/sponsor a sign for the 2010 regatta season please get in touch with me on 07815577860.

Coxes Course

British Rowing has been working with the CPGA and CRA to develop a Level 1 Coxes Certificate. This certificate is designed to provide some basic training for club coxes. The course is not a formal qualification, but provides a framework for clubs or groups of clubs to develop the skills of their coxes. Modules covered within the certificate include;- Steering and Navigation, Commands, Safety, Equipment, - Basic Technique

The CPGA We would like to start delivering some initial courses to clubs across the region from January 2010. In order to do this they need to identify some people with the necessary experience who are willing to run courses within their club, or for groups of clubs in their local area. They are looking for people who;

- (a) have experience of coxing in coastal environments
- (b) feel confident to run a course for a group of trainee coxes
- (c) are willing to run one or more courses from January onwards

If you are interested you will need to attend a training day, which will include details of the course resources and information on how to set up and run a course.

If you would like to volunteer to train to deliver the coxes courses.. The plan is to run training in December for the cox tutors identified, with courses then being set up and run from January 2010. If you are interested please can I ask you to contact Bob or me and we can put you in touch. We need to register by **Wednesday 18th November** at the latest. The Club would contribute towards the cost of travel to the training day.